

# SISTERS TRUE LOVE GROUP INTERNATIONAL

1A) INSPIRING/MENTORING AND EMPOWERING WOMEN - Sisters True Love International inspires her member by living an exemplary life; like women being able to multitask as per doing some legal business away from her regular job. Sisters' true love group international offers on ground catering classes, where women can learn how to cook several foods, we also offer on ground wardrobe advice on how to keep the house intact.

B) MENTORING- sisters truelove international mentors her members and other women by following up with their wellbeing via phone conversations, in person, and emails. This enables them to communicate their needs and basic life difficulties and challenges they might be facing. We have a workshop set aside monthly where women gather to discuss day-day living and share ideas with others.

C) EMPOWERING WOMEN: Sisters true love group international has set aside a staffing group, whereby vendors are connected to request for employees any training and post job opportunities for our members to see it first before the public. Members of the group can also advertise their personal businesses on that platform free of charge.

2A) FINANCIAL & EMOTIONAL SUPPORT FOR WOMEN- sister's true love group international supports their members financially in these areas

- BEREAVEMENT: (loss of family members) we have a specific amount of money to be used to support a member if they lost a parent, a child, or if a member passes.
- SETTING UP A BUSINESS: Sisters true love group international members can contribute to help another member establish a business, or learn a skill like tailoring, hair braiding, wiggling, trading, etc. Emotionally, we are always available physically, phone calls, text messaging, emails & prayers.
- Sisters true love group international have sisters available who can babysit for other members to go to work. We have a ceremony whereby members bring their kids to get to know each other, once every 6 months. For the middle school and high school kids, the CEO and president have a group for teenagers to talk to them spiritually, and make them understand the concept of life, ask about academic challenges if any, this is to enable the kids to be free and to also know that they have someone they can always talk to apart from their parents.

3) MAINTAIN DIGNITY AND SELF ESTEEM FOR WOMEN-

- CONFIDENTIALITY- in sisters' true love group international, confidentiality is maintained when it comes to our sisters, whatever is discussed within us stays within us, this also goes for our teenagers. Both sisters and teenagers are assured that their secret is safe within us. Confidentiality is a priority. Sisters true love group international celebrates her members on their birthdays, graduation, anniversary; we post their pictures for other members to wish them well, remind them of how beautiful they are and make them know that they are special and important no matter what.

SPECIFIC ACTIVITIES SISTERS TRUE LOVE GROUP INTERNATIONAL CONDUCTS

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A) We do monthly meeting globally, every last Saturday of each month. We meet to discuss a way forward about our mission and vision, open ideas and plan our next activity as we get to familiarize ourselves with each other.

Ai) Twice weekly, we do a conference prayer every Thursday and Friday.

Aii) once every month depending on the demand, we do a community outreach, feeding the homeless, sharing items (clothing and shoes), to the needy. We do widows get together once a month where we provide food, drinks, clothes, toiletries, and sometimes financial support to encourage and appreciate them for being good mothers. They also get to discuss matters that are vital to them for us to reason together and figure a way out. We also do basic health assessment like blood pressure check and then educate them on their diet and exercising.

Aiii) we offer free community CPR fair, for churches, daycares and private nursing schools, depends on the demand. In so doing, our name will be out there for community to reach out whenever they need us.

Aiv) We also do a basic car wash drive to acquire some funds once every 2 months.

Av) we celebrate New Year's, Easter, thanksgiving, and Christmas with our adopted kids, the less privilege, the orphans, the widows, the poor and the sick, victims of domestic violence. We cook special dishes and play games with each other, at the end of the day; they all go home with gifts to remind them that they matter.

Avi) Sisters true love group international celebrates baby shower, wedding and other activities that could occur in between regular meeting days.

Avii) we go nursing homes here in the US to do some activities with them, we read books, play games with them and help in feeding some residents to relief the nurses and CNAs for some time.

Aviii) we have an upcoming event called "EMPOWER A GIRL CHILD, ONE AT A TIME". This is a beauty/academic scholarship; we mentor them on their self-esteem and test them academically. There is fixed prize for our top three winners. This event was set to happen in April, but is on hold due to the pandemic of the covid 19. Please refer to our website [www.sisterstruelove.us](http://www.sisterstruelove.us) to learn more.

## WHO PARTICIPATES IN THE ACTIVITIES?

Members of sisters true love group international together with some volunteers are participants.

## WHERE WE CONDUCT ACTIVITIES

Activities are done at churches, nursing home, daycares, private nursing schools, under the bridge, in our communities, etc.

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## WHEN AND HOW OFTEN DOES ACTIVITIES TAKE PLACE?

- I) CHILDREN'S ACTIVITIES: 6 times in a year; January, April, November, December and twice in between the year.
- II) TEENAGERS: we have a conference call with them for online discussion, if we think they need to see us face to face, we schedule to meet with them.
- III) FOR MEMBERS: we meet every last Saturday of the month except in between, whereby a sister is celebrating an event we do not have control over, examples are baby shower, birthday parties, engagement ceremonies, graduation ceremonies, loss of any family member, or any special activities by any member.

## FEEES THAT ARE CHARGED.

One time fixed membership registration fee, monthly dues by members, members donations like clothes, shoes, toiletries, canned foods, used furniture, etc. to help somebody.

Support from community members, such as their kid's used clothes for other kids that are less privilege.